



# **Sacred Passage into Elderhood: *Women's Retreat***

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In the ancient ways of Ka Ta See, the women elders, the Grandmothers, are honored and revered for their knowledge, perspectives, gifts, and guidance. Our contemporary society has lost this understanding.

For personal balance and well-being,  
for the well-being of our families, communities, and earth,  
it is vital for women elders to connect, feel our belonging,  
to reclaim the passions and purposes in this cycle of our lives.

Come join in this retreat for women elders to cultivate connections, share in dialogue, personal explorations, and ceremony. Each day includes open time to spend as you choose - soaking in the hot springs, journaling, resting, renewal.

**March 1 - March 3, 2019**  
**Mothership Yoga Lounge & Hot Springs**  
*Truth or Consequences, NM*

\$375 : Registration for retreat beginning Friday evening  
and closing at noon on Sunday. Lodging and meals on your own.  
\$335: **Early Bird Rate, register by December 31, 2018.**  
Email [joanne@joannedodgson.com](mailto:joanne@joannedodgson.com) to reserve your space in the retreat.

**It is my honor and delight to gather with you.**

**Manaole U Manaole,**  
**from my heart to the heart of the mother earth to your heart,**

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