

SOUL RETRIEVAL: JOURNEY TO WHOLENESS

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“Something’s missing.” This unsettling feeling tugs at people of all ages in widely diverse circumstances. To hide the unhappiness and ease the discontent, something or someone gets used to fill up the empty places inside.

Buying more stuff. Generating busy-ness and stress. Addictively reaching for food, drugs, alcohol and sex. Isolating in depression and loneliness. Filling the void with a new house, a better car, a different lover or spouse, a grander guru, the latest technological gadget, another hip pair of sunglasses or shoes.

The desire to live fully, to have a rich and delicious life, is not to be diminished or squelched. The pursuit of personal happiness is a sacred quest. But the maps we’ve been given by our modern-day world tend to lead us away from what is truly fulfilling for our spirits and nourishing for our bodies, hearts and minds.

Grabbing onto someone or something to fill up the empty spaces is a temporary fix, a convenient distraction, a band-aid concealing unhealed wounds. Because inside that haunting sense that something’s missing - what’s really missing are precious pieces of you.

Pieces of your spirit. Elements of your joy. Your passion for living. Pictures of your dreams. Expressions of creativity, freedom, beauty and belonging. Trust in your connectedness with yourself and all life.

With ancient healing ceremony, the reclaiming of missing soul pieces reweaves inner wholeness. Pieces of the spirit, of the self, get lost as a result of traumatic events that occurred recently or long ago - accidents, unexpected loss or change, illness, lack of emotional safety, witnessing violence, experiencing abuse.

Pieces of your spirit leave the energy field of your body for purposes of protection - so these vital aspects of your very essence stay alive, so you can survive the difficult circumstances. Missing soul pieces are not lost forever. They are held in safekeeping in the spirit world. They can be reclaimed when you are ready to call them back.

In the unique tradition of Ka Ta See, through a guided spirit journey, you seek out and reclaim your own soul pieces. The history of the traumatic events is not necessary to recall or relive in order to heal. The focus is on reclaiming and retrieving what got left behind and bringing healing and wholeness to your life in the here and now.

The knowledge acquired through your first-hand experiences in the Soul Retrieval Journey opens up the opportunity to continue to pursue soul retrievals on your own. You are not dependent on the healer. You become your own healer with very effective self-empowering tools.

In reclaiming wholeness in your self, you awaken vast potentials for living an authentic life guided by your inner knowings, your purpose, passions and unique gifts. No longer distracted by fruitless searchings to fill up the emptiness, you are free to cultivate genuine happiness, building from the inside out.

Re-membering all of who you really are, soul retrievals are sacred homecomings.